

TESD Elementary Lunch Menu



Meal Prices

Student Paid	\$2.75
Student Reduced	\$.40
Adult Lunch	\$4.50

Register at www.paypams.com for FREE! View your child's account balance, account statement & receive low balance email notifications! Deposits made on-line will incur a \$1.95 fee. All other services are free.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28	29	30	1	2
NO SCHOOL	Cheeseburger on a Bun	Pasta Spirals with Meat Sauce	Soft Taco w/ Cheese	Mickey's Pizza
	Baked French Fries Baked Beans Peaches	Tossed Salad Broccoli w/Dip Fresh Grapes	Lettuce, Tom, Salsa, Black Bean Corn Fresh Grapes	Tossed Salad Carrot Sticks w/Dip Peaches
THIS WEEKS ALTERNATE ENTRÉE'S (No B Choice on Friday's)				
B) Breaded Chicken Patty on a Bun C) PBJ on Whole Wheat, D) Yogurt Bites E) Chicken Caesar Salad				

5	6	7	8	9
Hot Dog*on a Bun	Meatball Sandwich on a WW Roll	Toasted Cheese Sandwich	WW French Toast w/ Sausage Patty	French Bread Pizza
Baked Beans Carrot Coins Mixed Fruit	Broccoli w/Dip Green Beans Pineapple Chunk	Tomato Soup Carrot Sticks w/Dip Fresh Orange Smiles	Potato Puffs Orange Juice	Tossed Salad Corn Pears
THIS WEEKS ALTERNATE ENTRÉE'S (No B Choice on Friday's)				
B) Cheeseburger on a Bun, C) PBJ on Whole Wheat, D) Tuna Salad Sandwich E) Taco Salad				

12	13	14	15	16
Chicken Nuggets w/WW Roll	Nacho's with Seasoned Beef	Baked Macaroni and Cheese	Chicken Patty on a Bun	Mickey's Pizza
Mashed Potatoes Baked Beans Peaches	Lettuce, Tomato, Salsa Peas Fresh Grapes	Carrot Coins Sliced Cucumber w/Dip Fresh Apple Slices	Broccoli w/Dip Carrot Coins Peaches	Tossed Salad Baby Carrots w/Dip Sliced Apples
THIS WEEKS ALTERNATE ENTRÉE'S (No B Choice on Friday's)				
B) Pizza Slice, C) PBJ on Whole Wheat, D) Hummus Bites (Hummus, Carrot Stix, Grapes, Pita) E) Chicken Salad Platter				

19	20	21	22	23
Pizza dippers (Cheese Breadsticks) w/Marinara Sauce	Oven Baked BBQ Chicken	WW French Toast w/ Sausage Patty	Baked Ziti w/ Meat Sauce	5" Round Pizza
Broccoli w/Dip Corn Apple Slices	Green Beans Carrot Sticks w/Dip Pears	Baked Potato Puffs Orange Juice	Tossed Salad Broccoli w/Dip Fresh Grapes	Tossed Salad Baby Carrots w/Dip Sliced Apples
THIS WEEKS ALTERNATE ENTRÉE'S (No B Choice on Friday's)				
B) Breaded Chicken Patty on a Bun C) PBJ on Whole Wheat, D) Ham and Cheese Sandwich E) Taco Salad				

WINTER RECESS * 12/26 THROUGH 1/2 * NO SCHOOL

2	3	BREAKFAST FOR LUNCH 4	5	6
NO SCHOOL	Popcorn Chicken w/ Dipping Sauce	Sausage, Egg, Cheese, English Muffin Sandwich	Taco w/Cheese	Mickey's Pizza
	Mashed Potatoes Baked Beans Pears	Potato Puffs Orange Juice	Lettuce, Tomato, Salsa Corn Baby Carrots w/Dip	Tossed Salad Sliced Cucumber w/Dip Fresh Grapes
THIS WEEKS ALTERNATE ENTRÉE'S (No B Choice on Friday's)				
B) Pizza Dippers w/Marinara Sauce C) PBJ on Whole Wheat, D) Yogurt Bites E) Chicken Caesar Salad				

Milk is Available with all meals: Non-fat Chocolate, 1% White and Skim ■ 4oz Apple and Grape Juice is available with each meal